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Description of document: National Aeronautics and Space Administration (NASA)

Emergency Medical Procedures Manual for the International Space Station (ISS) [partial], 2016

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Source of document: FOIA Request

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Online FOIA Form

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National Aeronautics and Space Administration

Lyndon B. Johnson Space Center 2101 NASA Parkway Houston, Texas 77058-3696



March 14, 2016

Reply to attn. of: AD911/JSC FOIA Office

RE: 16-JSC-F-00174

Thank you for your Freedom of Information Act (FOIA) request dated December 24, 2015, and received at the NASA Headquarters FOIA Office on December 28, 2015. Your request was transferred to our office and received on January 4, 2016. Your request was assigned FOIA Case Number 16-JSC-F-00174 and was for:

Under the provisions of the Freedom of Information Act, I request a copy of the following documents regarding the International Space Station.

- 1. The dental emergencies procedure manual for the astronauts on the International Space Station.
- 2. The appendectomy emergency procedure manual for the astronauts on the International Space Station.
- 3. The cholecystectomy (gall bladder) emergency procedure manual for the astronauts on the International Space Station.
- 4. The emergency medical manual for the astronauts on the International Space Station.
- 5. The inventory/stock list for the space station medical kit.
- 6. The manual for the space station medical kit.
- 7. The NASA official procedure manual for burial in space (such as from the International Space Station).

This is an individual noncommercial request. I agree to pay up to \$100 for applicable fees if necessary.

In accordance with NASA's FOIA regulations (14 CFR §1206.305), a diligent search was conducted for the records you requested, and no responsive records exist for items #2, 3, 6 and 7.

16-JSC-F-00174

Please be advised that the responsive records for items #1, 4 and 5 of your request are enclosed. We are releasing 62 pages to you in full.

You have the right under 14 CFR §1206.700 to appeal this determination within 30 days from the date of this letter. Your appeal must be in writing and should be addressed to:

Administrator NASA Headquarters Executive Secretariat MS 9R17 Washington, DC 20546 ATTN: FOIA Appeals

The appeal should be marked "Appeal under the Freedom of Information Act" both on the envelope and the face of the letter. A copy of your initial request must be enclosed along with a copy of the adverse determination and any other correspondence with the FOIA office. In order to expedite the appellate process and ensure full consideration of your appeal, your appeal should contain a brief statement of the reasons you believe this initial decision to be in error.

Since the processing fees are less than \$50.00 they are not being charged in accordance with NASA FOIA regulations 14 CFR §1206.504(f).

I am the official responsible for the partial denial of your request. If I can be of further assistance, please contact me at <u>Jessica.A.Cordero@nasa.gov</u> or (281) 483-8252.

Sincerely,

Jessica Cordero JSC FOIA Officer

Jessica Cordero

**Enclosures** 

## 1.101 SEVERE ALLERGIC REACTION

(MED CL/HTV5 - ALL/FIN 2/Paper on ISS/T)

Page 1 of 2 pages

# **OBJECTIVE:**

To rapidly treat a severe allergic reaction.

#### ITEMS:

**Gray Tape** 

**Emergency Medical Treatment Pack (Red):** 

Epinephrine (EpiPen)

# 1. <u>DEPLOYING AND USING EPINEPHRINE (EPIPEN)</u>

1.1 Remove Epinephrine (EpiPen) from protective plastic tubing. (Figure 1)

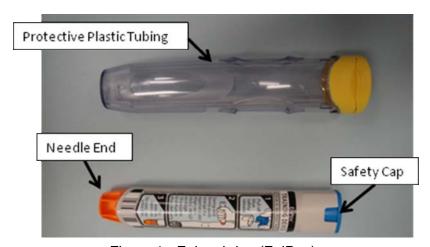


Figure 1.- Epinephrine (EpiPen).

- 1.2 Form a fist around Epinephrine (EpiPen) with thumb closest to safety cap.
- 1.3 Activate auto injector by pulling off safety cap. (Figure 2)

#### **WARNING**

- 1. Do not put fingers over needle end of Epinephrine (EpiPen) to prevent injection into finger.
- 2. Do not give shot through clothing to prevent needle contamination.

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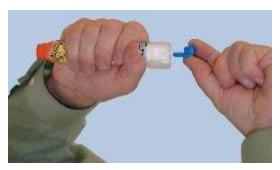


Figure 2.- Activating Epinephrine (EpiPen).

1.4 Using a jabbing motion, press the needle end perpendicular to and firmly against patient's outer thigh until a click is heard or felt.Hold firmly against thigh for 10 seconds.(Figure 3)



Figure 3.- Positioning of Epinephrine (EpiPen).

- 1.5 Discard used Epinephrine (EpiPen) in original protective plastic tubing; secure in tube with Gray Tape and discard.
  Call MCC-H to request PMC.
- 1.6 Epinephrine (EpiPen) may be repeated every 20 minutes if symptoms recur or progress.
- 2. Go to <u>2.0.403 ALLERGIC REACTION</u>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT).

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# MED C/L If one rescuer available If two rescuers available Rescuer 1 Rescuer 2 Deploy AED, then: Go to 1.103 ALS ALGORITHIM, block 1 (SODF: MED CL: **EMERGENCY**)

# 1.102 AED ASSISTED CPR

(MED CL/HTV5 - ALL/FIN 3/Paper on ISS/T)

Page 1 of 1 page

Updated via P&I in 44-0397

#### 1 ASSESS

- 1. Assess environment for safety hazards.
- 2. Assess patient status.

Patient unresponsive and breathing normally

Patient unresponsive and not breathing or no normal breathing (only gasping)

# 3 PERFORM CPR

- Perform 30 chest compressions for every 2 breaths (1 second each breath) for 5 cycles (approximately 2 minutes).
- As required, relocate to and restrain patient on the Crew Medical Restraint System.
- 2. Page additional crewmember for assistance.
- 3. Call MCC-H to request PMC.

# 2 TRANSPORT / PROVIDE CARE

- Relocate to and restrain patient on the Crew Medical Restraint System.
- Page additional crewmember for assistance.
- 3. Call **MCC-H** to request PMC.
- 4. Go to 1.103 ALS
  ALGORITHM, block
  13, page 5, Respiratory
  Assessment (SODF:
  MED CL:
  EMERGENCY).

# 4 DEPLOY AED

- Connect AED electrodes to patient's chest. (Figure 1)
- 2. AED 'ON' (green)  $\rightarrow$  Press
- 3. Follow verbal prompts.
- 4. If verbal prompts inaudible, read prompts on screen.

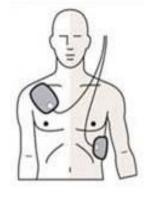


Figure 1.- AED Electrode Placement.

#### 5 MONITOR PATIENT RESPONSE

After AED prompts 'Start CPR'

• Perform a 10-second pulse check.

Is pulse detected?

Yes

# 6 ASSIST PATIENT

If patient begins spontaneous breathing or a pulse is detected

- Stop chest compressions.
- Assist breathing as necessary.

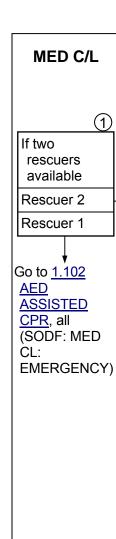
If second rescuer assisting

- Stop medication administration.
- Go to 1.103 ALS ALGORITHM, block 13, page 5, Respiratory Assessment (SODF: MED CL: EMERGENCY).

# 7 PERFORM CPR

Nο

- Perform 30 chest compressions for every 2 breaths (1 second each breath) until prompted by AED.
- Repeat block 5 after each 'Start CPR' prompt from AED.



(1)

#### 1.103 ALS ALGORITHM

(MED CL/HTV5 - ALL/FIN 3/Paper on ISS/T) Page 1 of 7 pages

# **INTRAOSSEOUS DEVICE INSERTION**

PREPARE INTRAOSSEOUS DEVICE

18 23

1. Unstow

**Emergency Medical Treatment Pack** (Red):

Scissors - Trauma

Intraosseous Device Start Kit:

Intraosseous Injection Device IV Cap

Medical Tape

Syringe 10 mL

- 2. Tear off two 10 cm pieces of Medical Tape and set aside.
- 3. Attach IV Cap to Syringe. (Figure 1)
- Expose leg to knee [Scissors Trauma].



Figure 1.- Syringe IV Cap Assembly.

If pulse returns, stop chest compressions and medication administration. Give breaths and go to block 13, page 5, Respiratory Assessment.

# 2 IDENTIFY INTRAOSSEOUS SITE

- 1. Place finger on bony protrusion identified by circle. (Figure 2)
- 2. Move finger 2 cm towards the inner leg.
- 3. Move finger 1 cm up towards knee,

identified by "+". (Figure 2)



Figure 2.-Intraosseous Site.

# MED C/L

#### 1.103 ALS ALGORITHM

(MED CL/HTV5 - ALL/FIN 3/Paper on ISS/T) Page 2 of 7 pages

2

# 3 POSITION INTRAOSSEOUS DEVICE

# **WARNING**

Needle could eject from end of blue barrel becoming a projectile

1. Remove Intraosseous Device from packaging and place blue barrel on insertion point. (Figure 3)



(1)If pulse

chest

and

returns, stop

compressions

medication administration.

and go to

Give breaths

block 13, page 5, Respiratory Assessment.

Figure 3.- Positioning Intraosseous Device.



Figure 4.- Activating



Intraosseous Device.





Figure 5.- Intraosseous Needle with Safety Latch in Place.



Figure 6.- Syringe Attached to Intraosseous Needle.



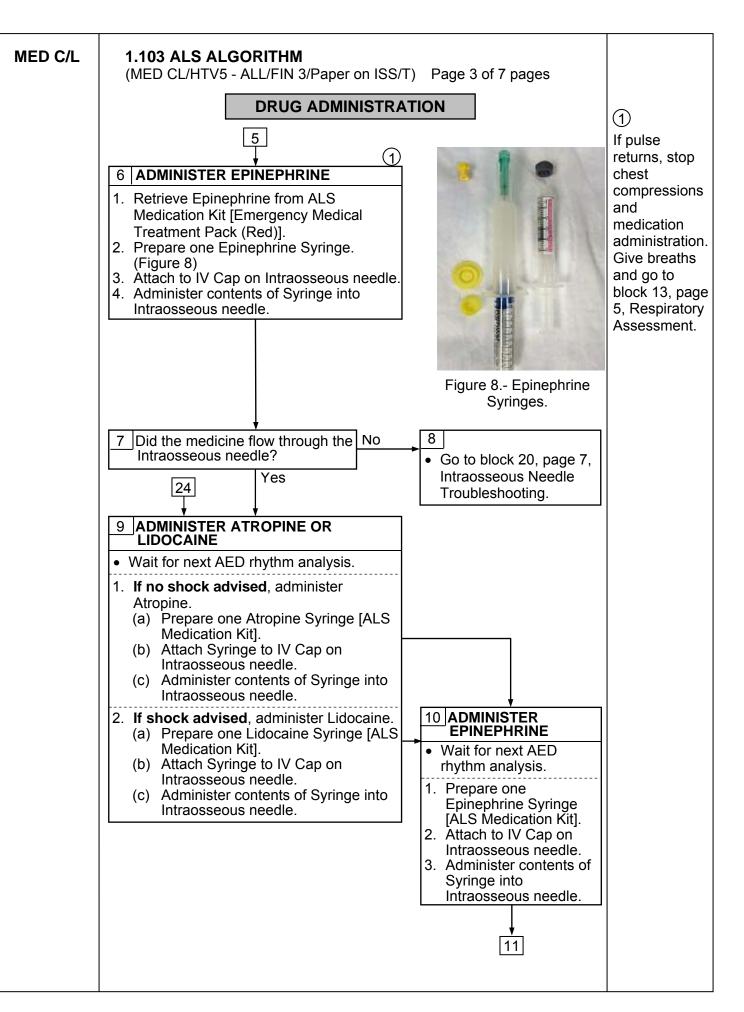
Figure 7.- Intraosseous Needle, Secured.

# 4 ACTIVATE INTRAOSSEOUS DEVICE

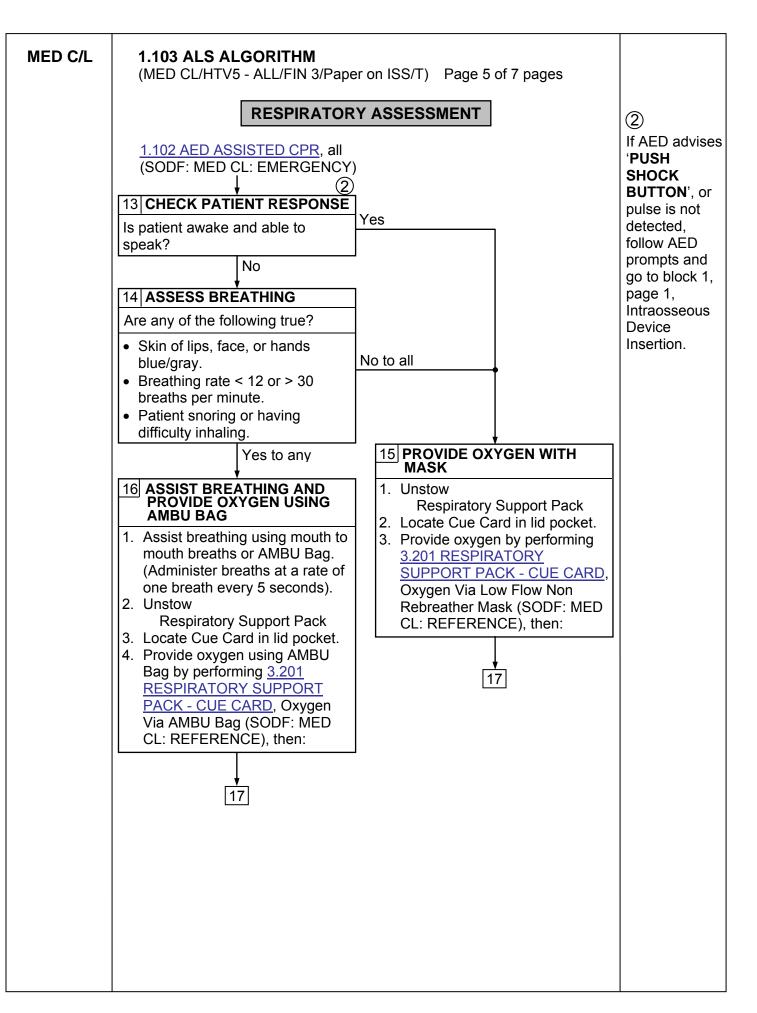
- 1. Remove safety latch and stow for later use.
- 2. Maintain positive pressure of blue barrel perpendicular to skin at insertion point. (Figure 3)
- 3. Place palm of other hand over the gray end of Intraosseous Device and apply gentle pressure to activate. A click will sound as the device activates. (Figure 4)
- 4. Gently lift Intraosseous Device, exposing the needle unit.
- 5. Place safety latch between skin and hub of Intraosseous needle. (Figure 5)
- 6. Place Medical Tape over safety latch to secure. (Figure 6)

# 5 **POST INSERTION STEPS**

- 1. Stabilize Intraosseous needle with hand; with other hand, remove inner needle.
- 2. Remove sterile cover from IV Cap, then attach Syringe and IV Cap assembly to Intraosseous needle. (Figure 6)
- 3. Pull back on plunger of Syringe  $\geq 5$  mL, then disconnect Syringe from blue IV Cap. Blood or fluid return may or may not be seen. This action will potentially clear bone fragments from the needle. (Figure 7)



# MED C/L 1.103 ALS ALGORITHM (MED CL/HTV5 - ALL/FIN 3/Paper on ISS/T) Page 4 of 7 pages (1) 10 If pulse (1)returns, stop 11 ADMINISTER ATROPINE OR chest LIDOCAINE compressions and Wait for next AED rhythm analysis. medication 1. If no shock advised, administer administration. Atropine. Give breaths (a) Prepare one Atropine Syringe [ALS and go to Medication Kit]. block 13, page (b) Attach Syringe to IV Cap on 5, Respiratory Intraosseous needle. Assessment. (c) Administer contents of Syringe into Intraosseous needle. 2. If shock advised, administer Lidocaine. (a) Prepare one Lidocaine Syringe [ALS Medication Kit]. (b) Attach Syringe to IV Cap on Intraosseous needle. (c) Administer contents of Syringe into Intraosseous needle. 12 CPR TERMINATION 1. Coordinate with Surgeon, if available. 2. Consider CPR termination if all of the following conditions apply: • At least 10 minutes of CPR since last dose of medication. and No pulse or spontaneous breathing, and At least 45 minutes elapsed since start of resuscitation.



#### MED C/L

#### 1.103 ALS ALGORITHM

(MED CL/HTV5 - ALL/FIN 3/Paper on ISS/T) Page 6 of 7 pages

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# 17 LUNG ASSESSMENT

- Retrieve Stethoscope [Emergency Medical Treatment Pack (Red)].
- 2. Verify presence of breath sounds on both sides of the chest [Stethoscope].

# 18 ADMINISTER IV FLUIDS

If Intraosseous Device is inserted

 Give IV fluids via Intraosseous needle by performing 2.14.306 INJECTIONS & IV – GIVING IV FLUIDS AND MEDICATIONS, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT), then:

If Intraosseous Device is not inserted

- Insert Intraosseous Device by performing blocks 1 to 5, pages 1 and 2, then:
- Give fluids via Intraosseous needle by performing <u>2.14.306 INJECTIONS & IV –</u> <u>GIVING IV FLUIDS AND MEDICATIONS</u>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT), then:

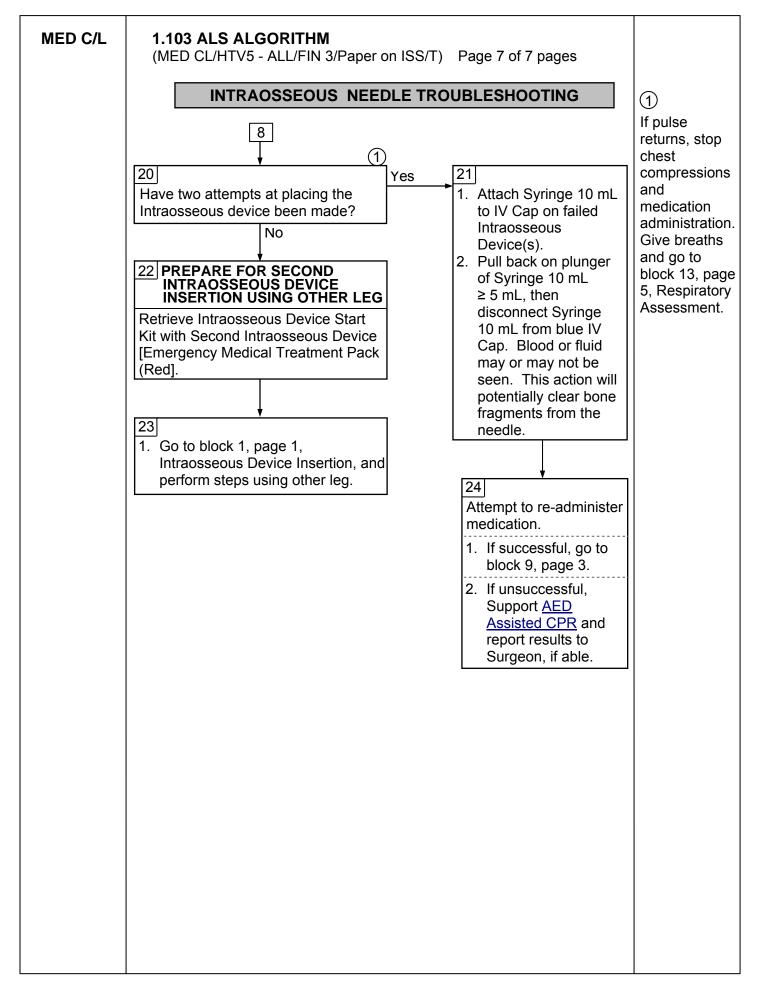
# 19 ATTACH MONITORING EQUIPMENT

- 1. Unstow
  - BP/ECG

Medical Diagnostic Pack (Blue): Blood Oximeter

- 2. Insert four AA Batteries into Blood Oximeter and attach to patient.
- Perform 2.7.301 CHEST PROCEDURE <u>OBTAIN ELECTROCARDIOGRAM (ECG)</u>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT), then:
- 4. Call MCC-H to request PMC.

If AED advises
'PUSH
SHOCK
BUTTON', or
pulse is not
detected,
follow AED
prompts and
go to block 1,
page 1,
Intraosseous
Device
Insertion.



# 1.104 AED TROUBLESHOOTING

(MED CL/HTV5 - ALL/FIN 1/Paper on ISS/T) Page 1 of 2 pages

OBJECTIVE: To identify problem conditions that may be encountered during use of the AED, and provide possible solutions.

Observation	Possible Cause	Action
CONNECT ELECTRODES	Poor AED Electrode-to-skin	Firmly press AED
voice prompt is heard	contact	Electrodes on patient's skin.
		If this does not correct
		problem and large amount
		of chest hair present
		Swiftly remove AED
		Electrodes and any
		attached chest hair.
		Place new set of AED
		Electrodes on chest.
	AED Electrodes are dry or	Replace the AED Electrode
	damaged	pads.
	AED Electrodes are not	Remove the AED Electrodes
	removed from the liner	from the liner and apply them to
OLIFOX CONNECTOR AND	Occupation to the AFD in	the patient's chest.
CHECK CONNECTOR AND	Connection to the AED is	Check to be sure that the AED
ELECTRODES voice prompt is heard	inadequate	Electrode connector is inserted
MOTION DETECTED and	Patient movement because of	Check patient for parmal
STOP MOTION voice prompts	breathing	Check patient for normal breathing.
are heard	CPR being performed during	Stop CPR during analysis.
are ricard	analysis	Stop OF IX during analysis.
	Electrical/radio frequency	Move suspected devices away
	interference	from the AED when possible.
STATUS DISPLAY is blank	The AED has been turned on	Normal condition when AED is
OTATION DIGITAL TO BIGHT	The Albanda South tailled on	in use
	LCD not operating properly	Notify MCC-H.
MAIN DISPLAY blank and ON	MAIN DISPLAY not functioning	AED may still operate. If
LED lit	properly	needed, continue to use
	_	device to treat patient.
		2. Notify MCC-H.

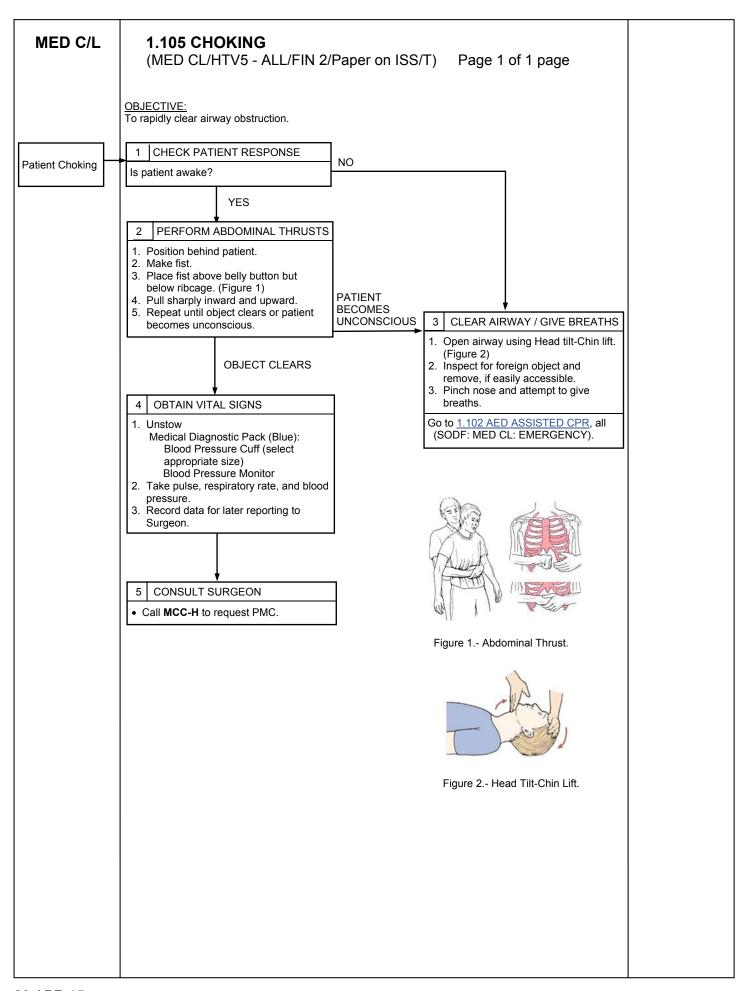
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# 1.104 AED TROUBLESHOOTING

(MED CL/HTV5 - ALL/FIN 1/Paper on ISS/T) Page 2 of 2 pages

Observation	Possible Cause	Action
AED does not deliver visual prompts, voice prompts, or auditory tones after it is powered on, or the voice prompts sound faint or distorted	Low AED Battery (one bar or less left in MAIN DISPLAY)	Continue CPR if patient is not responding, not breathing normally, and showing no signs of circulation.     Check Battery indicator in MAIN DISPLAY.     Replace AED Battery at earliest opportunity.     Notify MCC-H.  NOTE  AED can deliver 30 shocks and 75 minutes of monitoring if Battery shows one bar in the MAIN DISPLAY.
REPLACE BATTERY voice prompt is heard or visual prompt is seen	Low AED Battery (one bar or less left in MAIN DISPLAY)	<ol> <li>Continue CPR if patient is not responding, not breathing normally, and showing no signs of circulation.</li> <li>Check Battery indicator in MAIN DISPLAY.</li> <li>Replace AED Battery at earliest opportunity.</li> <li>Notify MCC-H.</li> </ol>
AED cannot deliver the required shock Flashing STATUS DISPLAY	Depleted AED Battery	Continue CPR if patient is not responding, not breathing normally, and showing no signs of circulation.     Replace AED Battery.     Notify MCC-H.

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## 1.106 TOXIC EXPOSURE

(MED CL/HTV5 - ALL/FIN 3/Paper on ISS/T)

Page 1 of 2 pages

## **OBJECTIVE:**

To decontaminate and treat after toxic exposure.

#### ITEMS:

Drink Bag Towel

# TOOLS:

Digital Camera

# 1. RESCUER SAFETY

To minimize the number of crew exposed, take respiratory, eye, and skin precautions prior to removing patient from exposure.

# 2. DECONTAMINATING PATIENT

# 2.1 Skin Exposure

Quickly remove soiled clothes.

Brush off visible particulate and wipe liquids off patient with Towel. Irrigate contaminated areas with water.

#### 2.2 Eye Exposure

If wearing contact lenses

Remove and discard.

# If eye exposure occurs

Immediately flush with water from Drink Bag.

Configure eyewash station in the SM at the CBO-3B port, then irrigate eye until pain resolves or directed to stop by Surgeon.

If required, refer to <u>2.3.304 EYE PROCEDURE - EYEWASH KIT USE</u>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT).

# 2.3 Respiratory Exposure

If difficulty breathing

Perform 1.108 DIFFICULTY BREATHING, all (SODF: MED CL:

EMERGENCY PROCEDURES), then:

#### 3. PERFORMING EXAM

3.1 Call MCC-H to request PMC.

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#### 1.106 TOXIC EXPOSURE

(MED CL/HTV5 - ALL/FIN 3/Paper on ISS/T)

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## 3.2 If comm unavailable

For eye exposure

Perform <u>2.3.101 EYE EXAM - GENERAL EXAM</u>, steps 1 to 5 (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT), then:

For all other exposures

Perform <u>2.0.105 EXAM – SICK CALL</u>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT), then:

#### 4. OBTAINING HISTORY

Collect information regarding exposures to chemicals, medication, or other new exposures.

# 5. PHOTO DOCUMENTING

# NOTE

It is important to keep individuals' data separate by making separate folders that are labeled with crew name and GMT day.

- 5.1 Photo document affected body parts [Digital Camera].
- 5.2 Downlink photos for Surgeon.
  If required, refer to 1.480 D4 SETUP MEDICAL IMAGERY, all (SODF: ISS PTV: NIKON D4).

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#### 1.107 SEIZURE

(MED CL/HTV5 - ALL/FIN 3/Paper on ISS/T)

Page 1 of 3 pages

## **OBJECTIVE:**

To give medication to suppress seizure activity. Seizures will cause loss of consciousness and uncontrolled muscle contraction.

# **ITEMS**:

AA Batteries (four)

Respiratory Support Pack

Medical Diagnostic Pack (Blue):

**Blood Oximeter** 

Oral Medication Pack (Purple):

Phenytoin (Dilantin ER)

Topical & Injectable Medication Pack (Brown):

Diazepam (Valium)

#### TOOLS:

Digital Camera

#### 1. PROTECTING FROM INJURY

Protect patient from injury by preventing impact of the body with hard structures. Attempt to locate the patient in the center of a module away from structures.

# **NOTE**

- 1. Never attempt to pry open or put anything in the mouth during a seizure.
- 2. Seizures typically last less than a minute.

# 2. ADMINISTERING INTRAMUSCULAR SHOT

**NOTE** 

Step 2 and step 3 may be performed in parallel if multiple CMOs are available.

# 2.1 Configure Medication for Injection

Prepare 2 mL Diazepam (Valium) 5 mg/mL for a total of 10 mg [Topical & Injectable Medication Pack (Brown)].

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#### **1.107 SEIZURE**

(MED CL/HTV5 - ALL/FIN 3/Paper on ISS/T)

Page 2 of 3 pages

If Diazepam (Valium) supplied in a prefilled syringe

Perform 2.14.302 INJECTIONS AND IV – MEDICINE PREPARATION FOR INJECTION, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT), then:

Go to step 2.2.

If Diazepam (Valium) supplied in a vial

Perform <u>2.14.303 INJECTIONS AND IV - DRAWING UP MEDICINE</u> <u>FROM VIAL</u>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT), then:

Go to step 2.2.

# 2.2 Administer Injection of Medication

Give 2 mL intramuscular shot of Diazepam (Valium) 5 mg/mL.

If required, refer to 2.14.304 INJECTIONS AND IV - INTRAMUSCULAR SHOT, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT).

If seizure continues for > 5 minutes or for repeated seizures, repeat medication administration in 10 minutes.

# 3. APPLYING BLOOD OXIMETER

Batteries  $\rightarrow \mid \leftarrow$  Blood Oximeter [Medical Diagnostic Pack (Blue)]

√Blood Oximeter Sensor → ← Blood Oximeter

pb Power → Press

pb [Display] → Press until red dot is shown over SpO2 in top display window Record SpO2 reading from display.

pb Power → Press and hold

If required, refer to <u>2.0.305 PROCEDURE - BLOOD OXIMETER USE</u>, steps 2.4 through 3 (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT).

#### 4. ADMINISTERING OXYGEN AND OBTAINING IV ACCESS

#### 4.1 Administer Oxygen

Retrieve Respiratory Support Pack.

Locate Cue Card in lid pocket.

Provide oxygen via Low Flow Non-Rebreather Mask.

Perform <u>3.201 RESPIRATORY SUPPORT PACK - CUE CARD</u>, Oxygen via Low Flow Non-Rebreather Mask (SODF: MED CL: REFERENCE), then:

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#### 1.107 SEIZURE

(MED CL/HTV5 - ALL/FIN 3/Paper on ISS/T)

Page 3 of 3 pages

#### 4.2 Obtain IV Access

Perform <u>2.14.305 INJECTIONS AND IV - IV ACCESS</u>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT), then:

#### 5. PERFORMING A TARGETED PHYSICAL EXAM

#### NOTE

After a seizure, the patient will be confused for several minutes.

Examine the head, extremities, teeth and tongue for injuries.

# 6. PHOTO DOCUMENTING INJURIES WITH DIGITAL CAMERA

Photo document any injuries [Digital Camera].

## 7. ADMINISTERING MEDICATION

- 7.1 Call **MCC-H** to request PMC.
- 7.2 When awake, coherent, and able to swallow, give one capsule of Phenytoin (Dilantin ER) by mouth, as directed by Surgeon [Oral Medication Pack (Purple)].
- 7.3 After two hours, give a second dose of Phenytoin (Dilantin ER) by mouth, or as directed by Surgeon.

#### 8. OBTAINING HISTORY

8.1 Collect information about the seizure event and the use of medications.

#### NOTE

It is important to keep individuals' data separate by making separate folders that are labeled with crew name and GMT day.

8.2 Downlink photos for Surgeon.

If required, refer to 1.480 D4 SETUP – MEDICAL IMAGERY, all (SODF: ISS PTV: NIKON D4).

# 9. <u>DIRECTION FROM SURGEON</u>

When directed by Surgeon

Batteries  $\leftarrow \mid \rightarrow$  Blood Oximeter and restow

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## 1.108 DIFFICULTY BREATHING

(MED CL/HTV5 - ALL/FIN 2/Paper on ISS/T)

Page 1 of 3 pages

## **OBJECTIVE:**

To evaluate and start treatment for difficulty breathing.

# **ITEMS**:

AA Batteries (four)

Respiratory Support Pack

# Medical Diagnostic Pack (Blue):

**Blood Oximeter** 

Blood Pressure Cuff (select appropriate size)

**Blood Pressure Monitor** 

Stethoscope

# Topical & Injectable Medication Pack (Brown):

Albuterol (Proventil HFA)

# 1. STARTING TREATMENT

# 1.1 Count Pulse and Respiratory Rate

Measure each by counting for 15 seconds and multiplying by four.

Record data for later reporting to Surgeon.

#### 1.2 Administer Oxygen

Retrieve Respiratory Support Pack.

Locate Cue Card in lid pocket.

Provide oxygen via Low Flow Non-Rebreather Mask.

Perform <u>3.201 RESPIRATORY SUPPORT PACK - CUE CARD</u>, Oxygen via Low Flow Non-Rebreather Mask (SODF: MED CL: REFERENCE), then:

# 1.3 Administer Inhaled Albuterol (Proventil HFA)

Shake the Albuterol (Proventil HFA) Inhaler to mix medication and then remove cap [Topical & Injectable Medication Pack (Brown)].

Have patient fully exhale and place inhaler in mouth.

Have patient begin to inhale slowly through the mouth and then activate the inhaler.

Have patient hold breath for 8 to 10 seconds before exhaling.

Deliver a second dose.

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#### 1.108 DIFFICULTY BREATHING

(MED CL/HTV5 - ALL/FIN 2/Paper on ISS/T)

Page 2 of 3 pages

## 2. APPLYING BLOOD OXIMETER

Batteries → |← Blood Oximeter [Medical Diagnostic Pack (Blue)]

 $\sqrt{\text{Blood Oximeter Sensor}} \rightarrow |\leftarrow \text{Blood Oximeter}|$ 

pb Power  $\rightarrow$  Press

pb [Display] → Press until red dot is shown over SpO2 in top display window Record SpO2 reading from display.

pb Power → Press and hold

If required, refer to <u>2.0.305 PROCEDURE- BLOOD OXIMETER USE</u>, steps 2.4 through 3 (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT).

# 3. PERFORMING AIRWAY EXAM

#### 3.1 Inspect Airway

Inspect the mouth and nose, neck and chest looking for changes in normal anatomy and for increased secretions. Look for increased work of breathing.

#### 3.2 Assess Lungs

Listen to the lungs on both sides of the chest, front and back [Stethoscope]. Are lung sounds present? Are they of a higher or lower pitch than normal? If required, refer to <a href="2.0.302 PROCEDURE - STETHOSCOPE USE">2.0.302 PROCEDURE - STETHOSCOPE USE</a>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT).

3.3 Record data for later reporting to Surgeon.

## 4. OBTAINING BLOOD PRESSURE

Blood Pressure Cuff  $\rightarrow \mid \leftarrow$  Blood Pressure Monitor [Medical Diagnostic Pack (Blue)]

Blood Pressure Cuff  $\rightarrow \mid \leftarrow$  bare arm (using placement markings as guidelines) pb [On/Off]  $\rightarrow$  Press

Record pulse and blood pressure from display.

If required, refer to <u>2.0.304 PROCEDURE - BLOOD PRESSURE MONITOR</u> USE, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT).

#### 5. OBTAINING HISTORY

- 5.1 Collect information about the events related to development of symptoms, use of medications, history of fever and cough, and difficulty of breathing severity.
- 5.2 Call **MCC-H** to request PMC.

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# 1.108 DIFFICULTY BREATHING

(MED CL/HTV5 - ALL/FIN 2/Paper on ISS/T)

Page 3 of 3 pages

# 6. <u>DIRECTION FROM SURGEON</u> When directed by Surgeon

When directed by Surgeon Batteries  $\leftarrow \mid \rightarrow$  Blood Oximeter and restow

20 APR 15

# **OBJECTIVE:**

Demonstrate anatomy of mouth and teeth.

# 1. IDENTIFYING ANATOMIC LANDMARKS

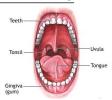


Figure 1. Mouth Anatomy.



Figure 2. Tooth Numbering.

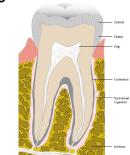


Figure 3. Tooth Anatomy.

# 2.6.101 MOUTH EXAM

(MED CL/E44 - ALL/FIN 4/T) Page 1 of 1 page

# **OBJECTIVE:**

To perform an examination of the mouth and teeth.

# TOOLS:

Digital Camera

SSC

# 1. PERFORMING EXAM

Inspect mouth and photo document [Digital Camera]. To view anatomic reference images of the mouth and teeth, refer to Mouth Anatomy.

SSC Downlink photos for Surgeon.

If required, refer to  $\underline{\text{1.480 D4 SETUP - MEDICAL IMAGERY}}$ , all (SODF: ISS PTV: NIKON D4).

25 JUN 15

# 2.6.301 DENTAL PROCEDURE - NERVE BLOCK

(MED CL/SpX-6 - ALL/FIN 1/T) Page 1 of 3 pages

#### **OBJECTIVE:**

To place a nerve block for dental procedures.

## ITEMS:

LED Head Lamp P/N SEZ33103989-301

# Medical Supply Pack (Green):

Gauze 4"x4"

Medical Tape

Needle 25G

Nitrile Gloves (select appropriate size)

Syringe 10 mL

#### Minor Treatment Pack (Pink):

**Sharps Container** 

# Topical & Injectable Medication Pack (Brown):

Benzocaine Swabstick

Lidocaine (Xylocaine)

#### 1. PREPARING A WORKSPACE

Create workstation using Gray Tape and temporarily stow hardware on tape. Use Ziplock Bag for trash stowage during procedure.

2. Place a Benzocaine Swabstick topical numbing stick on injection site [Topical & Injectable Medication Pack (Brown)]. Leave in place for 5 to 10 minutes prior to injections.

# 3. CONFIGURING SYRINGE FOR DENTAL INJECTION

#### **NOTE**

- 1. A standard Syringe 10 mL will be modified to allow for one-handed aspiration (or pulling back on plunger).
- 2. Aspiration allows operator to make sure the needle is not in a blood vessel.
- 3.1 Tear off an 8-inch strip of Medical Tape [Medical Supply Pack (Green)]. Twist the middle of the tape around itself.

Pull plunger out of syringe.

Apply the ends of the tape to the plunger.

(Figure 1)

# 2.6.301 DENTAL PROCEDURE - NERVE BLOCK

(MED CL/SpX-6 - ALL/FIN 1/T) Page 2 of 3 pages



Figure 1. Modification to Make Aspirating Syringe.

3.2 Draw up 10 mL of Lidocaine (Xylocaine) into Syringe 10 mL. If required, refer to 2.14.303 INJECTIONS AND IV - DRAWING UP MEDICINE FROM VIAL, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT).

# 4. PREPARING PATIENT

Don Nitrile Gloves and LED Headlamp for adequate lighting. Pack Gauze 4"x4" between gum and teeth to assist in visualizing injection location.

#### 5. SELECTING INJECTION LOCATION

If using upper nerve block

Go to step 5.1.

If using lower nerve block

Go to step 5.2.

# 5.1 Upper Injection Technique

Needle 25G → | ← Syringe 10 mL

Remove needle cap and temporarily stow on workspace.

Place needle at height of moveable membrane (muccobuccal fold) above fixed gum tissue.

(Figure 2)



Figure 2. Upper Nerve Block.

Insert needle, directing needle toward root of tooth to be anesthetized. Gently pull back on syringe plunger and inspect chamber to ensure no blood in chamber.

Inject 2 to 3 mL of Lidocaine (Xylocaine) directly over the root of the tooth. Withdraw needle; recap it using one-handed technique and temporarily stow.

# 2.6.301 DENTAL PROCEDURE - NERVE BLOCK

(MED CL/SpX-6 - ALL/FIN 1/T)

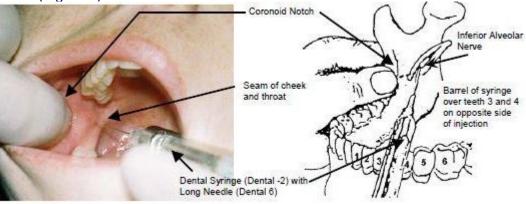
Page 3 of 3 pages

Wait 5 minutes. Pain should subside. If pain does not subside Repeat step 5.1.

# 5.2 Lower Injection Technique

Needle 25G → |← Syringe 10 mL Remove needle cap and temporarily stow. Place thumb in deepest portion of coronoid notch.

(Figure 3)



Point of Insertion

Target Area

Figure 3. Lower Nerve Block.

Insert needle just anterior at point where seam between cheek and throat turns upward toward maxilla.

(Figure 3)

#### NOTE

Barrel of syringe is kept over teeth 3 and 4 on opposite side of injection.

Insert needle until bone is contacted (and only 5 to 10 mm of needle is left exposed.)

If no bone contact

Withdraw needle slightly, reposition needle with syringe barrel over teeth 4 and 5.

If bone is contacted and more than 5 to 10 mm of needle exposed Reposition needle with syringe barrel over teeth 2 and 3.

Gently pull back on syringe plunger and inspect chamber to ensure no blood in chamber.

Inject 2 to 3 mL of Lidocaine (Xylocaine) directly over the root of the tooth. Withdraw needle; recap it using one-handed technique and temporarily stow. Wait 5 minutes. Pain should subside.

If pain does not subside

Repeat step 5.2.

Place used hardware, contaminated gloves, and packaging materials in Ziplock Bag and discard.

## 2.6.302 DENTAL PROCEDURE - TEMPORARY DENTAL FILLING

(MED CL/E44 - ALL/FIN 4/T)

Page 1 of 2 pages

#### **OBJECTIVE:**

To repair dental filling.

#### ITEMS:

Medical Supply Pack:

Nitrile Gloves (select appropriate size)

Gauze 4"x4"

Topical & Injectable Medication Pack:

**Temporary Tooth Filling** 

Minor Treatment Pack:

**Dental Tools Kit** 

TOOLS:

**Digital Camera** 

SSC

#### 1. PHOTO DOCUMENTING DENTAL FILLING

Photo document tooth and displaced dental filling [Digital Camera]. To view anatomic reference images of the mouth and teeth, refer to Mouth Anatomy.

If required, refer to <u>1.480 D4 SETUP - MEDICAL IMAGERY</u>, all (SODF: ISS PTV: NIKON D4).

# 2. REPLACING DENTAL FILLING

- 2.1 Don Nitrile Gloves (select appropriate size). Inspect tooth for debris and remove any debris found. Have subject brush teeth to assist in any debris removal.
- 2.2 Puncture end of Temporary Tooth Filling. Squeeze Temporary Tooth Filling material onto finger. Roll material into a ball.
- 2.3 Place Temporary Tooth Filling into the tooth cavity and gently form to tooth.

Wipe off excess with Gauze 4"x4".

Have subject firmly bite down on Temporary Tooth Filling for 2 minutes, allowing the Temporary Tooth Filling to form to the surfaces of the tooth and to harden.

Adjust filling by removing and smoothing excess filling using Gauze 4"x4" and Dental Carver File (G).

Filling will achieve initial set in 5 minutes.

Subject may resume drinking in approximately 1 hour.

Limit solid or hard food consumption on the affected side of the mouth for first 12 to 24 hours as filling hardens.

#### NOTE

It is important to keep individuals' data separate by making separate folders that are labeled with crewname and GMT day.

# 2.6.302 DENTAL PROCEDURE - TEMPORARY DENTAL FILLING

(MED CL/E44 - ALL/FIN 4/T)

Page 2 of 2 pages

# 3. PHOTO DOCUMENTING REPAIR

3.1 Photo document tooth and repaired filling [Digital Camera]. To view anatomic reference images of the mouth and teeth, refer to <a href="Mouth Anatomy">Mouth Anatomy</a>.

SSC

3.2 Downlink photos for Surgeon.

If required refer to 1 480 D4 SETUP - MEI

If required, refer to <u>1.480 D4 SETUP - MEDICAL IMAGERY</u>, all (SODF: ISS PTV: NIKON D4).

# 2.6.303 DENTAL PROCEDURE - DENTAL CROWN REPLACEMENT

(MED CL/E44 - ALL/FIN 4/T)

Page 1 of 3 pages

#### **OBJECTIVE:**

To replace an intact dental crown.

#### ITEMS:

Ziplock Bag, for trash

Ziplock Bag, Small

Medical Supply Pack:

Gauze 4"x4"

Nitrile Gloves (select appropriate size)

Topical & Injectable Medication Pack:

**Dental Adhesive Tip** 

**Dental Adhesive** 

Minor Treatment Pack:

**Dental Tools Kit** 

#### TOOLS:

Digital Camera

SSC

#### 1. PHOTO DOCUMENTING LOST CROWN

Photo document tooth and broken fragment [Digital Camera].

To view anatomic reference images of the mouth and teeth, refer to <u>Mouth</u> Anatomy.

If required, refer to <u>1.480 D4 SETUP - MEDICAL IMAGERY</u>, all (SODF: ISS PTV: NIKON D4).

If no dental pain or sensitivity

Place crown in a Ziplock Bag and stow in a known location in sleep station.

Go to step 4.

If dental pain or sensitivity present

Go to step 2.

#### 2. PREPARING EQUIPMENT

Create workstation using Gray Tape and temporarily stow hardware on tape.

#### 2.1 Preparing Dental Adhesive

To review additional use information on this product, refer to <u>Dental</u> Adhesive Use.

Remove Dental Adhesive from packaging.

Remove cap from Dental Adhesive (1).

Press on the plunger to dispense small amount of material onto a Gauze 4"x4", ensuring flow from both chambers of the Dental Adhesive syringe. Wipe residual material away from syringe.

Align v-shaped notches on the Dental Adhesive syringe and Dental Adhesive Tip.

Dental Adhesive →|← Dental Adhesive Tip (△)

(Figure 1 and Figure 2)

# 2.6.303 DENTAL PROCEDURE - DENTAL CROWN REPLACEMENT

(MED CL/E44 - ALL/FIN 4/T)

Page 2 of 3 pages



Figure 1. Dental Adhesive Equipment.



Figure 2. Connecting Dental Tip.

# 3. REPLACING DENTAL CROWN

Don Nitrile Gloves.

### 3.1 Preparing Loose Crown

Remove residual cement from crown and tooth utilizing Dental Carver File (G).

Carefully check fit of crown by placing on tooth and having subject bite down.

Remove crown and dry off with Gauze 4"x4".

Temporarily stow crown in Gauze 4"x4".

#### 3.2 Replacing Crown

Coat the surfaces of the crown that will contact tooth with Dental Adhesive.

Place crown over tooth, ensuring proper orientation.

Place a Cotton Swab over crown and have subject gently bite down on Cotton Swab and crown for 3 to 5 seconds to fully seat the crown.

Remove Cotton Swab and have subject bite down a second time to determine if crown is fully seated.

# 3.3 Confirming Crown Placement

If crown fully seated

Place Cotton Swab back over crown and have subject bite down and apply moderate pressure for 2 to 3 minutes.

If crown not fully seated

# 2.6.303 DENTAL PROCEDURE - DENTAL CROWN REPLACEMENT

(MED CL/E44 - ALL/FIN 4/T)

Page 3 of 3 pages

Carefully remove crown by prying up at crown margins with Dental Crown Remover (D).

Repeat steps 3.1 to 3.3.

Gently clean remaining cement from around gums with Dental Explorer Probe (E) and dental floss.

# NOTE

It is important to keep individuals' data separate by making separate folders that are labeled with crewname and GMT day.

# 4. PHOTO DOCUMENTING REPAIR

Photo document tooth and repaired crown [Digital Camera].

Downlink photos for Surgeon.

If required, refer to <u>1.480 D4 SETUP - MEDICAL IMAGERY</u>, all (SODF: ISS PTV: NIKON D4).

SSC

# 2.6.304 DENTAL PROCEDURE - EXPOSED DENTAL PULP

(MED CL/E44 - ALL/FIN 5/T) Page 1 of 2 pages

#### **OBJECTIVE:**

To treat a fractured tooth showing exposed pulp.

#### ITEMS:

Ziplock Bag, 12"x12" for trash

Convenience Medication Pack (White):

Ibuprofen (Motrin)

Medical Supply Pack (Green):

Gauze 4"x4"

Nitrile Gloves (select appropriate size)

Oral Medication Pack (Purple):

Hydrocodone and Acetaminophen (Vicodin HP)

Topical & Injectable Medication Pack (Brown):

Eugenol

#### TOOLS:

**Digital Camera** 

SSC

# 1. PHOTO DOCUMENTING BROKEN TOOTH

1.1 Photo document tooth and broken fragment [Digital Camera]. To view anatomic reference images of the mouth and teeth, refer to Mouth Anatomy.

#### SSC

1.2 Downlink photos for Surgeon.

If required, refer to 1.480 D4 SETUP - MEDICAL IMAL

If required, refer to <u>1.480 D4 SETUP - MEDICAL IMAGERY</u>, all (SODF: ISS PTV: NIKON D4).

2. Take two (2) tablets Ibuprofen (Motrin) (400mg per tablet) [Convenience Medication Pack (White)] and one (1) tablet Hydrocodone and Acetaminophen (Vicodin HP) (10mg/300mg per tablet) [Oral Medication Pack (Purple)] for pain control.

If required, refer to <u>2.0.402 TREATING PAIN</u>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT).

Consult with Surgeon on type of block to place.

Perform <u>2.6.301 DENTAL PROCEDURE - NERVE BLOCK</u>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT), then:

3. TREATING WITH EUGENOL

# **WARNING**

Minimize contact between the Eugenol and skin or gums to prevent tissue damage.

3.1 Don Nitrile Gloves.

Moisten a small portion of a Gauze 4"x4" with Eugenol [Topical & Injectable Medication Pack (Brown)].

# 2.6.304 DENTAL PROCEDURE - EXPOSED DENTAL PULP

(MED CL/E44 - ALL/FIN 5/T)

Page 2 of 2 pages

Squeeze excess Eugenol out of Gauze 4"x4" onto a second piece of Gauze 4"x4" or a Dry Wipe.

- 3.2 Place moistened portion of Gauze 4"x4" over exposed pulp. Have patient hold gauze with teeth for 1 to 2 minutes.
- 3.3 Additional placement of Eugenol should not require additional local anesthesia.
- 4. Avoid chewing on affected side and keep food out of cavity.

#### 2.6.305 DENTAL PROCEDURE - LOSS OF TOOTH

(MED CL/E44 - ALL/FIN 5/T)

Page 1 of 1 page

#### **OBJECTIVE:**

To stop bleeding and control pain.

#### ITEMS:

Convenience Medication Pack (White):

Ibuprofen (Motrin)

Medical Supply Pack (Green):

Gauze 4"x4"

Oral Medication Pack (Purple):

Hydrocodone and Acetaminophen (Vicodin HP)

#### TOOLS:

Digital Camera

SSC

#### 1. CONTROLLING BLEEDING

Apply direct pressure to the tooth socket with Gauze 4"x4". Hold continuous pressure until bleeding stops.

#### 2. TREATING PAIN

Take two (2) tablets Ibuprofen (Motrin) (400 mg per tablet) ) [Convenience Medication Pack (White)] and one (1) tablet Hydrocodone and Acetaminophen (Vicodin HP) (10 mg/300 mg per tablet) [Oral Medication Pack (Purple)] for pain control.

If required, refer to <u>2.0.402 TREATING PAIN</u>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT).

If pain severe or immediate relief required

Perform <u>2.6.301 DENTAL PROCEDURE - NERVE BLOCK</u>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT), then:

3. Place tooth in Ziplock Bag and temporarily stow.

#### 4. PHOTO DOCUMENTING BROKEN TOOTH

4.1 Photo document tooth and mouth [Digital Camera]. To view anatomic reference images of the mouth and teeth, refer to <a href="Mouth Anatomy">Mouth Anatomy</a>.

SSC

4.2 Downlink photos for Surgeon.

If required, refer to <u>1.480 D4 SETUP - MEDICAL IMAGERY</u>, all (SODF: ISS PTV: NIKON D4).

5. Discard Ziplock Bag.

#### 2.6.401 DENTAL TREATMENT - TOOTH PAIN

(MED CL/SpX-6 - ALL/FIN 2/T) Page 1 of 1 page

**OBJECTIVE:** 

To treat dental pain.

ITEMS:

Convenience Medication Pack (White):

Ibuprofen (Motrin)

Oral Medication Pack (Purple):

Hydrocodone and Acetaminophen (Vicodin HP)

#### 1. TREATING PAIN

**Take Medication** 

Take two (2) tablets Ibuprofen (Motrin) (400 mg per tablet) [Convenience Medication Pack (White)] and one (1) tablet Hydrocodone and Acetaminophen (Vicodin HP) (10 mg/300 mg per tablet) [Oral Medication Pack (Purple)] for pain control.

If required, refer to <u>2.0.402 TREATING PAIN</u>, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT).

If pain severe or immediate relief required

Go to 2.6.301 DENTAL PROCEDURE - NERVE BLOCK, all (SODF: MED CL: EXAMS, PROCEDURES, AND TREATMENT).

(MED CL/SpX-6 - ALL/FIN/T) Page 1 of 27 pages

#### **OBJECTIVE:**

To provide a contents list of each medical pack including medications, potential medication side effects, other contents, locations, and supportive information.

Table 1. Convenience Medication Pack (White)

Table 2. Emergency Medical Treatment Pack - Medications (Red)

Table 3. Emergency Medical Treatment Pack - Other Contents (Red)

Table 4. IV Supply Pack (Gray)

Table 5. Medical Diagnostic Pack (Blue)

Table 6. Medical Supply Pack (Green)

Table 7. Minor Treatment Pack (Pink)

Table 8. Oral Medication Pack (Purple)

Table 9. Physician Equipment Pack (Yellow)

Table 10. Topical & Injectable Medication Pack - Medications (Brown)

Table 11. Topical & Injectable Medication Pack - Other Contents (Brown)

(MED CL/SpX-6 - ALL/FIN/T)

Page 2 of 27 pages

## Table 1. Convenience Medication Pack (White)

Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location	
Antibiotic								
Bacitracin	500 units/gm, 0.9 gm	Topical	30	unit dose pack	No significant side effects		Spine	
Antidiarrheal								
Loperamide (Imodium)	2 mg	Oral	40	tablet	Abdominal discomfort, nausea, vomiting, constipation, drowsiness, dizziness, dry mouth	Use for nonbloody diarrhea. No more than 8 tablets every 24 hours.	B2	
Antihistamine								
Fexofenadine (Allegra)	180 mg	Oral	100	tablet	Headache, vomiting, fatigue, somnolence, dizziness, fever, pain, drowsiness, diarrhea, nausea, upset stomach, muscle aches, back pain, pain in extremities	Do not use with other antihistamines. Do not drink grapefruit juice 1 hour before or 2 hours after taking the medication.	B2	
Loratadine (Claritin)	10 mg	Oral	375	tablet	Headache, drowsiness, dizziness, fatigue, dry mouth		A2	
Olopatadine (Pataday)	0.2 %, 2.5 mL	Eye	6	bottle	Blurred vision, eye pain, stinging, burning, headache	Remove contact lenses before use. After instilling drops, wait at least 10 minutes before inserting contact lenses.	А3	

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location		
Decongestant									
Oxymetazoline (Afrin)	0.05 %, 15 mL	Intranasal	10	bottle	Transient burning, stinging, dryness of the nasal mucosa, sneezing, cough	Do not use more than 3 consecutive days. Rebound congestion with prolonged use.	A1		
Pseudoephedrine (Sudafed 12 Hour)	120 mg	Oral	100	tablet	Dizziness, rapid heart rate, high blood pressure, restlessness, tremor, headache, loss of appetite, may impair ability to concentrate, dry mouth, insomnia, photosensitivity		B1		
Lubricant									
Carboxymethylcellulose (Refresh Plus)	0.5 %, 0.4 mL	Eye	40	unit dose pack	Temporary blurred vision		A4		
Hypromellose (Nature's Tears)	0.4 %, 15 mL	Eye	2	bottle	Temporary blurred vision	Remove contact lenses prior to use.	A4		
Mineral Oil and White Petrolatum (Refresh PM)	42.5 %; 57.3 %, 3.5 gm	Eye	2	tube	Temporary blurred vision		A4		
Sodium Chloride (AYR Saline)	0.9 %, 22 mL	Intranasal	3	bottle	No significant side effects within prescribed dose		A2		
Pain Reliever									
Acetaminophen (Tylenol)	325 mg	Oral	150	tablet	No significant side effects within prescribed dose	No more than 12 tablets every 24 hours.	B4		
Aspirin	325 mg	Oral	60	tablet	Upset stomach, dizziness, ringing in ears, blood in stool	Take with food.	B4		

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(MED CL/SpX-6 - ALL/FIN/T) Page 4 of 27 pages

Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location			
Ibuprofen (Motrin)	400 mg	Oral	400	tablet	Dizziness, nervousness, upset stomach, nausea, vomiting, rash, ringing in the ears	No more than 8 tablets every 24 hours. Take with food.	ВЗ			
Sleep	Sleep									
Melatonin	3 mg	Oral	60	tablet	Headache, nausea, drowsiness, dizziness	Do not use with other sleep meds.	A4			
Zaleplon (Sonata)	10 mg	Oral	100	bottle	Headache, dizziness, drowsiness, short-term memory impairment, or lack of coordination, nausea, upset stomach, muscle weakness	Do not take with a high fat meal. Do not use with other sleep meds.	A4			
Zolpidem (Ambien)	10 mg	Oral	200	tablet	Drowsiness, dizziness, headache, abnormal dreams, insomnia, memory impairment, visual and attention disturbance	Do not use with other sleep meds.	А3			
Steroid										
Hydrocortisone	1 %, 0.9 gm	Topical	60	unit dose packet	No significant side effects		B1			
Mometasone (Nasonex)	50 mcg, 17 gm	Intranasal	3	bottle	Headache, cough		A1			
Stimulant										
Caffeine (Vivarin)	200 mg	Oral	100	tablet	Diarrhea, dizziness, fast heartbeat, low blood sugar, high blood sugar, blurred vision, dry mouth, flushed skin, increased urination, loss of appetite, nausea, stomachache, anxious feeling, agitation, cold sweats, nervousness, insomnia		А3			

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(MED CL/SpX-6 - ALL/FIN/T)

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
Modafinil (Provigil)	200 mg	Oral	40	tablet	Headache, nervousness, dizziness, anxiety, insomnia, chest pain, rapid heart rate, diarrhea, upset stomach, dry mouth, lack of appetite		А3
Stool Softener							
Bisacodyl (Dulcolax)	5 mg	Oral	40	tablet	Mild abdominal cramps, nausea, vomiting, dizziness		B2

(MED CL/SpX-6 - ALL/FIN/T)

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## Table 2. Emergency Medical Treatment Pack - Medications (Red)

Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
ALS Medication Kit							B1
Atropine	0.1 mg/mL, 10 mL	Intraosseous	2	syringe	Rapid heart rate, dilated pupils, dry skin and mouth, cardiac arrhythmias, flushing, low blood pressure, headache, insomnia, slowed GI motility, nausea, dry mouth, urinary hesitancy and retention		B1
Epinephrine	1:10,000; 0.1 mg/mL, 10 mL	Intraosseous	2	syringe	Rapid heart rate and palpitations, flushing, dizziness, headache, nervousness, dry mouth		B1
Lidocaine	2 %; 20 mg/mL, 5 mL	Intraosseous	2	syringe	Low blood pressure, flushing, drowsiness, disorientation, muscle twitching, dizziness, metallic taste, nausea, vomiting		B1
Severe Allergic Reaction							
Epinephrine (EpiPen)	1:1000, 0.3 mL	Intramuscular	3	syringe	Rapid heart rate and palpitations, flushing, dizziness, headache, nervousness, dry mouth		В3

(MED CL/SpX-6 - ALL/FIN/T)

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Table 3. Emergency Medical Treatment Pack - Other Contents (Red)

Item	Qty in Pack	Location
Basic Airway Management		
AMBU Bag	1	A1
Nasal Airway Kit	-	A3
Nasal Airway 6 mm	1	A3
Nasal Airway 7 mm	1	A3
Oral Airway	2	A4
Biohazard Trash Bags	-	A2
Biohazard Trash Bag	5	A2
Level 1 Hazardous Material Decal	5	A2
Level 2 Hazardous Material Decal	5	A2
General Use		
Scissors - Trauma	1	Spine
Sharps Container	1	Spine
Stethoscope	1	A1
Stethoscope Holder	1	A1
Surgical Lubricant	4	B2
Intraosseous Device Start Kit	-	B4
Gauze 4"x4"	10	B4
Intraosseous Injection Device	2	B4
Iodine Swabstick	2	B4
IV Cap	2	B4
Medical Tape	1	B4
Syringe 10 mL	1	B4

(MED CL/SpX-6 - ALL/FIN/T)

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## Table 4. IV Supply Pack (Gray)

Item	Qty in Pack	Location						
Bandages								
Clear Bandage	4	A2						
Gauze 4"x4"	4	A2						
Medical Tape	1	B1						
IV Insertion & Fluid Administration								
IV Administration Set	3	A3/A4						
IV Cap	5	B2						
IV Catheters	-	A1						
IV Catheter 14G	2	A1						
IV Catheter 18G	4	A1						
IV Catheter 20G	4	A1						
IV Catheter 22G	4	A1						
Sharps Container - IV Catheter	1	A1						
IV Fluid - 500 mL	8	B3/B4						
IV Fluid 1L	0	B3/B4						
IV Pressure Infusor	1	A2						
Tourniquet	1	B2						
Skin Preparation Items								
BZK Wipe	4	B1						

(MED CL/SpX-6 - ALL/FIN/T)

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Table 5. Medical Diagnostic Pack (Blue)

Item	Qty in Pack	Location
Physical Exam Hardware		
Blood Oximeter	1	B1
Blood Pressure Cuff - Large	1	B2
Blood Pressure Cuff - Small	1	B2
Blood Pressure Monitor	1	B4
Eye Chart	1	with Locator Card
Eye Simulator	1	A4
Eye Simulator Cornea	1	A4
Otoscope Bulb	1	Spine
Otoscope Head	1	A2
Otoscope Speculum	80	A1/A3
Otoscope USB Cable	1	A2
Panoptic Bulb	2	Spine
Panoptic Handle	1	A2
Panoptic Head	1	A1
Stethoscope	1	B1
Stethoscope Earpieces	1 pair	B3
Stethoscope Holder	1	B1
Thermometer	1	B3
Tonometer	1	A4
Tonometer Battery	2	Spine/A4
Tonometer Tip Cover	150	A3/A4
Therapeutic Items		
Ear Curette	2	Spine
Hot/Cold Pack	1	B3

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# Table 6. Medical Supply Pack (Green)

Item	Qty in Pack	Location
Bandages		
Bandaid 1"x3"	10	Spine
Gauze 4"x4"	36	A3
Medical Tape	2	B2
Biohazard Trash Bags	-	B1
Biohazard Trash Bag	10	B1
Level 1 Hazardous Material Decal	10	B1
Level 2 Hazardous Material Decal	10	B1
General Use		
Cotton Swab	6	Spine
Ear Wick	6	B2
Gloves		
Nitrile Gloves Large	10 pair	B4
Nitrile Gloves Medium	10 pair	B2
Nitrile Gloves Small	10 pair	B2
Injection Items		
Carpuject Injector	2	A1
Needle 23G	20	A3
Needle 25G	4	Spine
Needle Plastic	10	A2
Syringe 3 mL	20	A4
Syringe 5 mL	6	A2
Syringe 10 mL	5	A1
Skin Preparation Items		
BZK Wipe	56	B3
Iodine Swabstick	12	B3

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Table 7. Minor Treatment Pack (Pink)

Item	Qty in Pack	Location
Bandages		
Bandaid 2"x3"	5	A1
Bandaid Dot	10	A1
Bandaid Knuckle	5	A1
Burn Bandage	10	A4
Clear Bandage	5	B4
Nasal Packing	10	A4
Nonstick Bandage	20	A4
Rolled Gauze	2	A1
Dental Tools Kit	-	B1
Dental Amalgam File (F)	1	B1
Dental Carver File (G)	1	B1
Dental Crown Remover (D)	1	B1
Dental Elevator (I)	1	B1
Dental Elevator (J)	1	B1
Dental Explorer Probe (E)	1	B1
Dental Forceps (A)	1	B1
Dental Forceps (B)	1	B1
Dental Forceps (C)	1	B1
Dental Mirror (H)	1	B1
Trash Bag	1	B1
General Use		
Mirror	1	Spine
Scissors - Bandage	1	Spine
Sharps Container	2	Spine
Syringe 60 mL	1	B2
Gloves		
Sterile Gloves	-	A3
Sterile Gloves Large	2 pairs	A3
Sterile Gloves Medium	2 pairs	A3

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Item	Qty in Pack	Location
Sterile Gloves Small	2 pairs	A3
Musculoskeletal		
ACE Bandage 2"	1	A3
ACE Bandage 3"	1	A3
ACE Bandage 4"	1	A3
Finger Splint	1	A3
Leg/Arm Splint	1	A3
Surgical Tools Kit	-	B1
Hemostat (CC)	1	B1
Needle Driver (AA)	1	B1
Scalpel #11	2	B1
Smooth Forceps (DD)	1	B1
Suture Scissors (BB)	1	B1
Toothed Forceps (EE)	1	B1
Trash bag	1	B1
Sutures		
Absorbable Suture 3-0	2	A2
Nylon Suture 2-0	2	A2
Nylon Suture 5-0	2	A2
Urinary		
Urine Catheters	-	B3
Urine Catheter Coude	2	B3
Urine Catheter Foley	2	B3
Urine Catheter Straight	2	B3
Urine Catheter Short	10	B3
Urine Collection Bag	2	B3
Wound Repair		
Skin Stapler	2	A2
Skin Staple Remover	1	A2
Wound Packing	3	B4

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## Table 8. Oral Medication Pack (Purple)

ltem	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location	
Altitude Sickness								
Acetazolamide (Diamox)	250 mg	Oral	100	tablet	Flushing, tingling sensation in extremities, loss of appetite, increased urine output, drowsiness, dizziness, confusion, photosensitivity, hearing disturbances, kidney stones		A4	
Antibiotic							T	
Amoxicillin (Amoxil)	500 mg	Oral	100	capsule	nausea, vomiting, diarrhea, rash		B1	
Azithromycin (Zithromax)	250 mg	Oral	18	tablet	Diarrhea, nausea, abdominal pain, vomiting		B1	
Clindamycin (Cleocin)	300 mg	Oral	100	capsule	Abdominal pain, nausea, vomiting, diarrhea, rash		B1	
Doxycycline (Vibramycin)	100 mg	Oral	50	capsule	Diarrhea, severe headache, blurred vision, skin rash, redness of the skin (sunburn), itching, loss of appetite, upset stomach, stomach pain, extreme tiredness or weakness, confusion, decreased urination		Spine	
Levofloxacin (Levaquin)	500 mg	Oral	50	tablet	Headache, insomnia, dizziness, nausea, constipation, diarrhea, vomiting, abdominal pain, rash, photosensitivity		B2	
Metronidazole (Flagyl)	500 mg	Oral	100	tablet	Headache, dizziness, nausea, vomiting, diarrhea, loss of appetite, metallic taste, rash	Take with food.	B2	
Sulfamethoxazole and Trimethoprim (Bactrim DS)	800 mg, 160 mg	Oral	40	tablet	Headache, dizziness, insomnia, stomach upset, diarrhea, nausea, vomiting, photosensitivity, rash		B1	

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
Antifungal							
Fluconazole (Diflucan)	150 mg	Oral	5	tablet	Headache, dizziness, nausea, abdominal pain, vomiting, diarrhea, rash		B2
Antihistamine							
Diphenhydramine (Benadryl)	25 mg	Oral	60	capsule	Drowsiness, sedation, inability to concentrate, dry mouth, blurred vision, rash, headache, rapid heart rate, dizziness, fatigue, photosensitivity, urinary retention, ringing in the ears, nasal stuffiness	May cause sedation and impair performance. Do not use with sleep meds.	A1
Fexofenadine (Allegra)	180 mg	Oral	400	tablet	Headache, vomiting, fatigue, somnolence, dizziness, fever, pain, drowsiness, diarrhea, nausea, upset stomach, muscle aches, back pain, pain in extremities	Do not use with other antihistamines. Do not drink grapefruit juice 1 hour before or 2 hours after taking the medication.	A2
Antiseizure							
Phenytoin (Dilantin ER)	300 mg	Oral	30	capsule	Tingling sensation in extremities, drowsiness, dizziness, blurred vision, slurred speech	Swallow whole; do not crush or chew.	B4
Antiviral							
Valacyclovir (Valtrex)	1 gm	Oral	60	tablet	Headache, nausea, vomiting, fatigue, dizziness, rash		B2

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
Behavioral Health							
Aripiprazole (Abilify)	5 mg	Oral	60	tablet	Headache, agitation, insomnia, anxiety, tremor, restlessness, sedation, dizziness, nausea, constipation, vomiting, abdominal discomfort, dry mouth, blurred vision, nasal congestion		В3
Lorazepam (Ativan)	1 mg	Oral	60	tablet	Drowsiness, slowed breathing, low blood pressure, sedation, dizziness, headache, memory impairment, nausea, changes in appetite, visual disturbances, headache		A1
Sertraline (Zoloft)	50 mg	Oral	60	tablet	Headache, drowsiness, dizziness, insomnia, nervousness, anxiety, nausea, dry mouth, loss of appetite, constipation, tremor, weakness, visual difficulty, sweating, rash, tinnitus		В3
Venlafaxine (Effexor XR)	75 mg	Oral	60	tablet	Headache, drowsiness, dizziness, insomnia, nervousness, anxiety, nausea, dry mouth, loss of appetite, constipation, weakness, sweating	Swallow whole; do not crush or chew.	В3
Cardiac		1					
Lisinopril (Zestril)	10 mg	Oral	100	tablet	Headache, low blood pressure, dizziness, fatigue, diarrhea, nausea, vomiting, abdominal pain, cough, blurred vision, decrease in urine output or urine-concentrating ability, sweating, weakness		B4

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
Metoprolol XL (Toprol XL)	50 mg	Oral	60	tablet	Slow heart rate, dizziness, weakness, insomnia, diarrhea, blurred vision, shortness of breath, fatigue, confusion, memory loss (short-term), sleep disturbances, rash, itching, photosensitivity	Swallow whole; do not crush or chew.	B4
Nitroglycerin (Nitrostat)	0.4 mg	Oral	25	tablet	Flushing, headache, dizziness, nausea, vomiting, dry mouth		B4
Decongestant							
Pseudoephedrine (Sudafed)	30 mg	Oral	100	tablet	Dizziness, rapid heart rate, high blood pressure, restlessness, tremor, headache, loss of appetite, may impair ability to concentrate, dry mouth, insomnia, photosensitivity		A1
Hormone							
Medroxyprogesterone (Provera)	10 mg	Oral	100	tablet	Dizziness, headache, nervousness, bloating, acne, breast pain		Spine
Norgestrel and Ethinyl Estradiol (Ogestrel)	0.5 mg, 0.05 mg	Oral	2	unit dose pack (21 tablets each)	Elevated blood pressure, headache, dizziness, nervousness, nausea, abdominal cramps, blood clots, appetite changes, bloating, breast pain		Spine
Pain Reliever							
Hydrocodone and Acetaminophen (Vicodin HP)	10 mg, 300 mg	Oral	30	tablet	Slower heart rate, dizziness, drowsiness, mental impairment, sedation, nausea, vomiting, constipation, urinary retention	May cause sedation and impair performance. Do not use with sleep meds.	A2

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
Space Motion Sickness/Anti-Na	usea						
Meclizine (Antivert)	25 mg	Oral	20	tablet	Drowsiness, headache, fatigue, nervousness, dizziness, dry mouth, blurred vision	May cause sedation and impair performance. Do not use with sleep meds.	A2
Ondansetron (Zofran ODT)	8 mg	Oral	30	tablet	Headache, fatigue, drowsiness, dizziness, anxiety, constipation, diarrhea, urinary retention, itching		A2
Promethazine (Phenergan)	25 mg	Oral	100	tablet	Sedation, inability to concentrate, drowsiness, dizziness, blurred or double vision, nausea, dry mouth, urinary retention, constipation, rash, agitation, photosensitivity, uncontrolled muscle spasms	May cause sedation and impair performance. Do not use with sleep meds.	A2
Steroid							
Methylprednisolone (Medrol)	4 mg	Oral	4	dose pack (21 tablets each)	Headache, dizziness, insomnia, restlessness, depression, anxiety, sweating, mood changes, hair growth, flushing, acne		A4
Prednisone (Deltasone)	20 mg	Oral	40	tablet	Headache, fluid retention, vertigo, high blood pressure, mood changes	Take with food.	A4
Stimulant							
Modafinil (Provigil)	200 mg	Oral	30	tablet	Headache, nervousness, dizziness, anxiety, insomnia, chest pain, rapid heart rate, diarrhea, upset stomach, dry mouth, lack of appetite		A1
Stomach			ī				
Bismuth Subsalicylate (Pepto Bismol)	262 mg	Oral	80	chewable		May darken tongue and stool.	A3

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
Omeprazole (Prilosec)	20 mg	Oral	90	capsule	Headache, dizziness, rash, flatulence, diarrhea, abdominal pain, nausea, vomiting, constipation, joint pain		A4
Ranitidine (Zantac)	150 mg	Oral	60	tablet	Dizziness, headache, insomnia, abdominal discomfort, blurred vision		А3
Urinary							
Tamsulosin (Flomax)	0.4 mg	Oral	10	capsule	Headache, dizziness, drowsiness, diarrhea, nausea, weakness, back pain, blurred vision, inflammation of the nasal membranes, runny nose, cough		A4

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## Table 9. Physician Equipment Pack (Yellow)

Item	Qty in Pack	Location
Advanced Airway Management Hardware		
Endoctracheal Tubes	-	A2
Bougie ET Tube Introducer	1	A2
Endotracheal Stylet	1	A2
Endotracheal Tube 7.0	1	A2
Endotracheal Tube 8.0	1	A2
ILMA Hardware	-	B1
ILMA Endotracheal Tube 7.0	1	B1
ILMA Endotracheal Tube 7.5	1	B1
ILMA Large	1	B1
ILMA Small	1	B1
ILMA Stabilizer Rod	1	B1
Laryngoscope	1	Spine
Suction Device	-	B4
Suction Cartridge	1	B4
Suction Collection Bag	1	B4
Suction Syringe	1	B4
Suction Tip - Mouth	1	B4
Suction Tubing - Endotracheal Tube	1	B4
Suction Tubing - Gastric Tube	1	B4
Variable Oxygen System	-	A1
VOS Intubated Patient Hardware	1	A1
VOS Non-Intubated Patient Hardware	1	A1
VOS Spare Parts	1	A1
Ear Hardware		
Otoscope Head Manual	1	B2
General Use		
Surgical Lubricant	4	Spine
Syringe 35 mL	1	B1

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# Table 10. Topical & Injectable Medication Pack - Medications (Brown)

Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location			
Anesthetic										
Dental										
Benzocaine Swabstick	20 %, 0.15 mL	Topical	24	swab	No significant side effects		В3			
Eye										
Tetracaine	0.5 %, 15 mL	Eye	1	bottle	Burning, stinging, redness of the eye, light sensitivity, tearing	Remove contact lenses prior to administration and wait 15 minutes before reinserting.	A2			
Local										
Lidocaine and Epinephrine (Xylocaine and Epinephrine)	2 % with 1:100,000 epi, 20 mL	Subcutaneous	2	multi dose vial	Burning, stinging, blanching, tissue death		B4			
Lidocaine (Xylocaine)	1 %, 10 mL	Subcutaneous	3	multi dose vial	Burning, stinging, blanching, tissue death		B2			
Urinary			•							
Lidocaine Jelly	2 %, 30 mL	Topical	3	tube	Irritation, itching, rash		B4			
Antibiotic										
Bacitracin	500 units/gm, 28 gm	Topical	4	tube	No significant side effects		A1			
Ceftriaxone (Rocephin)	1 gm	Intramuscular	3	single dose vial	Thickening of tissue at injection site, rash, diarrhea		B1			
Ciprofloxacin and Dexamethasone (Ciprodex)	0.3 %; 0.1 %, 7.5 mL	Ear	2	bottle	Ear discomfort, ear pain, ear itching		Spine			

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
Ertapenem (Invanz)	1 gm	Intramuscular	6	single dose vial	Headache, altered mental status, insomnia, nausea, vomiting, diarrhea, abdominal pain, constipation, cough		B1
Erythromycin	0.5 %, 3.5 gm	Eye	1	tube	Hypersensitivity, minor eye irritation, redness		A1
Moxifloxacin (Vigamox)	0.5 %, 3 mL	Eye	4	bottle	Dry eye, eye pain, itching eye, tearing, visual acuity decreased	Contact lenses should not be worn during therapy.	A1
Mupriocin (Bactroban)	2 %, 22 gm	Topical	2	tube	Skin irritation, itching		A1
Tobramycin and Dexamethasone (Tobradex)	0.3 %; 0.1 %, 10 mL	Eye	1	bottle	Eye redness, increased intraocular pressure, tearing, lid itching, lid swelling	Contact lenses should not be worn during therapy.	A1
Antifungal							
Clotrimazole (Lotrimin)	1 %, 30 gm	Topical	2	tube	Skin irritation, itching		A2
Antihistamine							
Cromolyn (Nasalcrom)	5.2 mg, 26 mL	Intranasal	4	bottle	Increase in sneezing, burning, stinging or irritation inside the nose, headache, unpleasant taste, hoarseness, cough, post-nasal drip		А3

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
Diphenhydramine (Benadryl)	50 mg/mL, 1 mL	Intramuscular	6	single dose vial	Drowsiness, sedation, inability to concentrate, dry mouth, blurred vision, rash, headache, rapid heart rate, dizziness, fatigue, photosensitivity, urinary retention, ringing in the ears, nasal stuffiness	May cause sedation and impair performance. Do not take with sleep meds.	B4
Behavioral Health				ī			
Aripiprazole (Abilify)	7.5 mg/mL, 1.3 mL	Intramuscular	2	single dose vial	Headache, agitation, insomnia, anxiety, tremor, restlessness, sedation, dizziness, nausea, constipation, vomiting, abdominal discomfort, dry mouth, blurred vision, nasal congestion		B4
Diazepam (Valium)	5 mg/mL, 2 mL	Intramuscular	4	syringe	Drowsiness, fatigue, headache, memory loss, confusion, slurred speech, slower breathing rate, nausea, slow heart rate, blurred vision, constipation, dry mouth, urinary retention		B1
Breathing							
Albuterol (Proventil HFA)	90 mcg, 6.7 gm	Inhaler	3	inhaler	Tremors, palpitations, fast heart rate, dizziness, nervousness		А3

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
Fluticasone (Flovent HFA)	220 mcg, 12 gm	Inhaler	2	inhaler	Fatigue, headache, throat irritation, oral yeast infection, cough, hoarseness, abdominal discomfort, nausea, vomiting, muscle pain, rash, itching		A4
Salmeterol (Serevent)	50 mcg	Inhaler	1	Multi dose inhaler	Headache, muscle pain, high blood pressure, dizziness, sleep disturbance, anxiety, rash, throat irritation, nausea, dry mouth		А3
Dental							
Eugenol	1 mL	Topical	2	oral syringe	Gum and skin irritation	Warning: DO NOT swallow. Medication is very damaging to the esophagus and stomach. Precaution: Do not pour the entire syringe into mouth at once. Use small amounts in increments.	В3
Earwax Removal							
Carbamide Peroxide (Debrox)	6.5 %, 15 mL	Ear	2	bottle	Irritation, redness in the ear		A4

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
Eye							
Cyclopentolate (Cyclogyl)	2 %, 15 mL	Eye	1	bottle	Transient irritation, blurred vision, sensitivity to light, increased intraocular pressure	Remove contact lenses prior to administration and wait 15 minutes before reinserting.	A2
Fluorescein Strip	1 mg	Eye	20	strip	No significant side effects	Remove contact lenses before using.	Spine
Tropicamide (Mydriacyl)	1 %, 15 mL	Eye	2	bottle	Blurred vision, burning, temporary stinging, increased intraocular pressure; dry mouth, headache, light sensitivity	Remove contact lenses before using.	A2
Intubation							
Glycopyrrolate (Robinul)	0.2 mg/mL, 2 mL	Intramuscular	5	single dose vial	Flushing, dizziness, drowsiness, headache, fast heartbeat, nausea, vomiting, constipation, loss of taste, dry mouth, blurred vision, urinary retention, photosensitivity	For use by Physician CMO Only	B2
Ketamine (Ketalar)	50 mg/mL, 10 mL	Intramuscular	4	multi dose vial	Cardiac arrhythmia, visual hallucinations, vivid dreams, confusion, increased intraocular pressure, increased intracranial pressure, nausea, vomiting, increased salivation	For use by Physician CMO Only	B2

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
Pain Reliever							
Hydromorphone (Dilaudid)	2 mg/mL, 1 mL	Intramuscular	18	syringe	Drowsiness, dizziness, fatigue, headache, sedation, nausea, slow heart rate, blurred vision, nausea, vomiting, constipation, dry mouth, tinnitus, urinary retention, abnormal dreams, agitation, mood	May cause sedation and impair performance. Do not use with sleep meds.	B2
Ketorolac (Toradol)	30 mg/mL, 2 mL	Intramuscular	3	single dose vial	Headache, nausea, upset stomach, diarrhea, dizziness, drowsiness, elevated blood pressure, swelling		B4
Space Motion Sickness/Anti-Nause	a						
Promethazine (Phenergan)	25 mg/mL, 1 mL	Intramuscular	24	single dose vial	Sedation, inability to concentrate, drowsiness, dizziness, blurred or double vision, nausea, dry mouth, urinary retention, constipation, rash, agitation, photosensitivity, uncontrolled muscle spasms	May cause sedation and impair performance.	B4
Steroid							
Dexamethasone (Decadron)	10 mg/mL, 1 mL	Intramuscular	20	single dose vial	High blood pressure, slow heart rate, headache, vertigo, insomnia, mood swings, increased intraocular pressure		B2
Fluocinonide (Lidex)	0.05 %, 30 gm	Topical	3	tube	Skin irritation, itching		A2

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Item	Strength, Volume	Route of Use	Qty in Pack	Unit	Possible Side Effects	Comments	Location
Wound Repair							
Chemical Cautery							
Silver Nitrate and Potassium Nitrate (Silver Nitrate Applicators)	75 %; 25 %	Topical	10	each	Burning and skin irritation, staining of the skin		A2
Skin Adhesive							
Cyanoacrylate (Dermabond)	0.5 mL	Topical	2	swab	Skin irritation, itching		A2

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Table 11. Topical & Injectable Medication Pack - Other Contents (Brown)

Item	Qty in Pack	Location					
Dental							
Dental Adhesive	1	B3					
Dental Adhesive Tip	4	B3					
Temporary Tooth Filling	1	B1					
Urine Testing Hardware							
EPT	2	Spine					
Urine Chemstrip	10	B3					
Urine Color Chart	1	B3					