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*"Rummaging in the government's attic"*

Description of document: AMTRAK presentation re: improved train handling techniques to reduce energy consumption with an emphasis on reducing power braking, 2012

Requested date: 08-October-2013

Released date: 22-October-2013

Posted date: 04-November-2013

Source of document: Amtrak FOIA Office  
60 Massachusetts Avenue, NE  
Washington, D.C. 20002  
Fax: 202-906-3285  
Email: [foiarequests@amtrak.com](mailto:foiarequests@amtrak.com)

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October 22, 2013



Re: Freedom of Information Act Request  
Tracking Number: 14-FOI-00014

We are further responding to your October 8, 2013 request for information made under the Freedom of Information Act (FOIA), which was received via mail by Amtrak's FOIA Office on October 15, 2013.

Your request seeks a copy of training materials related to the following:

"During 2012, Amtrak promoted improved train handling techniques to reduce energy consumption in diesel- and electric-powered locomotives during engineer training and re-certification classes, with an emphasis on reducing power braking."

A search was conducted by Amtrak field personnel and the enclosed records, which totals 8 pages, were determined to be responsive to your request.

Your request has been classified as a category IV – that is, a request other than for commercial-use, from a representative of the news media, or from an educational non-scientific institution. Requesters in this category receive the first 100 pages and the first two hours of search time free of charge. Thereafter, requesters are charged \$38 per hour for search time and 25 cents per page for reproduction of records. There is no charge for processing your request.

If you have any questions regarding the processing of your request, please feel free to contact me at (202) 906-3741 or via e-mail at [Hawkins@amtrak.com](mailto:Hawkins@amtrak.com)

Sincerely,

A handwritten signature in black ink that reads "Sharron Hawkins". The signature is fluid and cursive, with the first name "Sharron" being more prominent than the last name "Hawkins".

Sharron Hawkins  
*FOIA Officer*

Enclosure

IM-176909

***STOP***  
***whatever you are doing...***



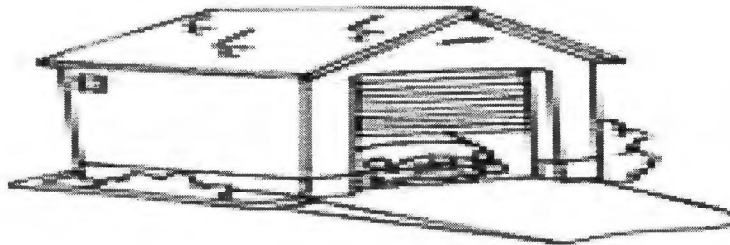
***it's time to talk about***



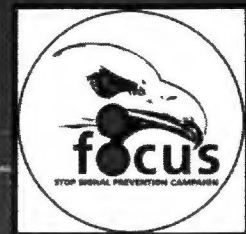
***FUEL***

***Let's talk fuel***

***Do you leave your car  
running in the driveway?***

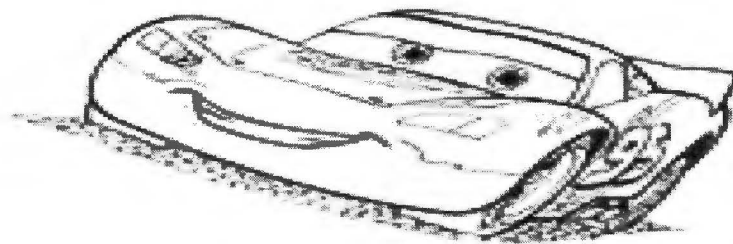


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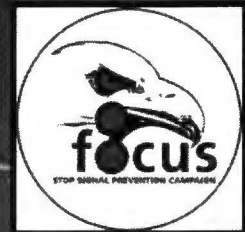


***Let's talk fuel***

***Do you accelerate while  
you're braking?***



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***Let's talk fuel***

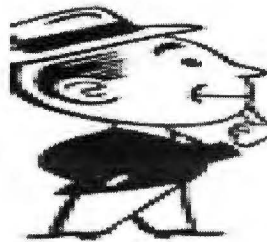
***Then why would you  
do it at work?***



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## ***Let's talk fuel***

- **What can you do to reduce the number of gallons of locomotive fuel Amtrak buys?**
- **What can you do to reduce emissions?**



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## ***Let's talk fuel***

- **Shut down locomotives**
- **Change HEP to standby**
- **Avoid power braking**
- **Use dynamic and blended brake when possible**

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# ***Let's talk fuel***

## **Together we can reach Amtrak's Corporate Goal (4)**

### **Environment and Energy:**

***Contribute to the nation's  
environmental health by attracting  
automobile and air travelers to  
trains, while improving Amtrak's  
efficiency and reducing  
transportation related carbon  
emissions and fossil fuel  
consumption.***



*I'm headed to Auto Train*

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# **Let's talk fuel**

**Together we can keep fuel  
consumption on track  
and reduce fuel consumption  
by  
1 percent this fiscal year**



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